

## **NAVIGATING CARE GUIDE**

ELET offers a comprehensive guide for navigating the aspects of life care and crisis planning. This guide is available by request, at no cost to you.



### CAREGIVER PROGRAM

Up to twice a year our Care Coordinators host a small caregiver workshop, "*Powerful Tools for Caregivers.*" This six week course is free and allows for up to ten people per session. (Visit our website for more information.)



### **PUBLIC SEMINARS**

Our team of attorneys and elder care professionals provide education on a variety of topics from elder care law to related long-term care issues, such as public benefits, asset protection, and Medicare.



## CARE COORDINATION

Elder Law of East Tennessee employs a team of full-time Elder Care Coordinators. They assist families by identifying high-quality long-term care facilities and navigating the complexities of the healthcare system.



## **QUESTIONS**

Our team has a dedicated Intake Specialist to answer your questions and connect you with the right person in or out of our firm. We encourage you to contact us now with your questions.



THE ADVICE YOU TRUST. THE CARE YOU DESERVE.

903 N. Hall of Fame Dr., Knoxville, TN 37917 1907 N. Roan St., Suite 406, Johnson City, TN 37601





Updated July 1, 2020

## **2023 MEDICARE NUMBERS**

The Centers for Medicare and Medicaid Services (CMS) has released the new Medicare premiums, deductibles, and co-payments for 2023:

| Basic Part B Premium                | \$164.90/mo |
|-------------------------------------|-------------|
| Part B Deductible                   | \$226       |
| Part A Deductible                   | \$1,600     |
| Co-payment for Hospital Stay        |             |
| Days 61-90                          | \$400/day   |
| Days 91-150                         | \$800/day   |
| Skilled Nursing Facility Co-payment |             |
| Days 21-100                         | \$200/day   |
|                                     |             |

Also, note that individuals with annual incomes over \$97,000 and married couples with annual incomes over \$194,000 will pay a higher Medicare Part B premium, with a minimum monthly premium of \$230.80.

## **2023 MEDICAID NUMBERS**

CMS has also released the 2023 guidelines for how much spouses of institutionalized Medicaid recipients may keep.

### **Community Spouse Resource Allowance:**

| Maximum | \$148,620 |
|---------|-----------|
| Minimum | \$29,724  |

#### **Monthly Maintenance Needs Allowance:**

| Maximum | \$3,715.50 |
|---------|------------|
| Minimum | \$2 288 75 |

#### **Medicaid Waiver Benefits Income Cap:**

\$2,742/month (was \$2,313 in 2019)

### **Tennessee Medicaid Penalty Divisor:**

\$6,852.30/month

# 2023 VA AID AND ATTENDANCE

| Single Veteran  | \$2,229/mo. |
|-----------------|-------------|
| Married Veteran | \$2,642/mo. |
| Widowed Spouse  | \$1,432/mo. |
| Resource Limit  | \$150,538   |